

Grisana Punpeng, PhD

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While I have strong background in education and theatre, ranging from university teaching to performance directing and production, I have had the privilege to work in various fields, such as healthcare, film, and hospitality, thus broadening my thinking and perspectives on society and the world. With every task that I take, I find myself constantly exploring new ways to make a difference through my work, whether it is teaching, training, research, performance or event management, because I believe in the power of people, and our potential to make the world a better place. My aim is to effectively utilise my knowledge and skills to improve human performance, build strong relationships and support the development of a sustainable society.

Education

- 2009-2012 **PhD Performance Practice**, University of Exeter, United Kingdom (**received PhD bursary from the University of Exeter**)
Thesis title: *Meditation in motion to mindfulness in performance: a psychophysical approach to actor training for Thai undergraduate drama programmes*
Supervisor: Dr Jane Milling
- 2005-2007 **MA Cultural Management** (International programme) (GPA: 3.92), Chulalongkorn University, Thailand (**received Teaching Assistance Scholarship from the programme**)

Thesis topic: Marketing management for the film screening activity at the Japan Foundation Thailand
- 2001-2004 **BA (Honours) Drama and Theatre Studies** (Second Class Honours, Upper Division), Royal Holloway University of London, United Kingdom

- 2000-2001 **Intermediate Certificate in Comparative International Studies**, School of Oriental and African Studies, University of London, United Kingdom
- 1999-2000 **High School Diploma** (GPA: 3.77), Kettle Moraine High School, Wisconsin, United States of America
- 1988-1999 **Grade 1-11** (GPA: 3.71), Kasetsart University Laboratory School, Bangkok, Thailand

Employment History

- March 2017 - present **Full-time Lecturer**
The Department of Speech Communication and Performing Arts, Faculty of Communication Arts, Chulalongkorn University
- 2014 – 2017 **Professional Communication Trainer (for healthcare professionals)**
Bangkok Dusit Medical Services PLC (BDMS)
- My position was 'communication skills trainer and applied drama facilitator'. I was in charge of facilitating and designing communication training programs, for healthcare professionals, aimed to promote superior delivery of patient-centred care services and wellbeing in the workplace.*
- 2012 – 2014 **Full-time lecturer**
Department of Drama, Faculty of Fine and Applied Arts, Thammasat University
- At the Faculty of Fine and Applied Arts, Thammasat University, I was a full-time lecturer specialising in Postmodern Theatre, Contemporary Acting Approaches, and Devised Theatre.*
- Apart from my teaching duties, I was entrusted with other tasks, including producing a student-led production entitled 'Selfie of the Soul', an experimental theatre, directed by guest artist Katsura Kan (May-June 2014), and representing the Department of Drama, Thammasat University at 'Butoh Season: International Butoh Conference and Performance', organised by the Japan Foundation, Kuala Lumpur, in collaboration with Soubi Sha and Tunku Abdul Rahman University College (June 2014). Moreover, while working at Thammasat, my practice-based research entitled 'Bo: a solo performance' won a 10,000 Baht award from the University; and my article 'Towards a novel approach to Thai Actor Training: Mindfulness Training for Performance' was published in the Journal of Fine and Applied Arts (Silpakammasarn) in 2014.*
- 2006 – 2009 **Full-time lecturer**
Department of Applied Performing Arts, Faculty of Fine Arts, Dhurakij Pundit University

(Courses include: Acting I, Acting III, Stage Movement, Stage Management, and Special Topics in Performing Arts)

I was responsible for the following courses: acting, directing, stage management, and art management. I was also in charge of revising the BA Applied Performing Arts curriculum, producing and directing annual theatre performances, and developing and running projects that supported the learning experiences of the students (field trips, street shows, performance festivals, for example)

2005 **Creative Planner**
Sonixyouth1999 Co., Ltd (Event Organiser)
21/122 Moo 13 Ladprao Bangkok 10230 Tel. 02-931-1747 – 9

Work Experience (part-time)

2016 **Trainer, A-B-C approach to becoming better happier, healthier Yoga&Me salespeople** for Yoga and Me Studios, September 2016

2014 **Director, the ANOC Gala awards (Association of National Olympic Committees)**, November 7th, 2014, Centara Grand at CentralWorld, Bangkok, Thailand

2012-present **Instructor for the course ‘Principles of Performance Practice and Management’** as well as guest lecturer on performing arts-related topics at Department of Speech Communication and Performing Arts and the Department of Dramatic Arts, Chulalongkorn University

2012-2013 **Instructor for the course ‘Fundamental of Acting’** Department of Performance Communication, Faculty of Communication Arts, Assumption University

2011 **Instructor for the course ‘Theatre Laboratory: Actor Training’** at Department of Speech Communication and Performing Arts, Chulalongkorn University

2009 – 2012 **Module tutor for ‘Pretexts and Contexts of Drama I’, ‘Pretexts and Contexts of Drama II’, ‘Theatre Praxis’ and ‘Acting and Not Acting: The Dialectics of Performance’**
Department of Drama, University of Exeter, United Kingdom

2007 – 2009 **Instructor for the course ‘Principles of Stage/Event Craft’**

Department of Performance Communication, Faculty of
Communication Arts, Assumption University

- 2007 – 2008 **Instructor for the course ‘Marketing for Tourism and Recreational Services’**
International College for Sustainability Studies,
Srinakharinwirot University
- 2007 **Course co-ordinator for ‘Film Producer Master Class’**
Tifa and the New Film Society, Bangkok Film Festival 2007
- 2004 – 2006 **Acting coach**
Bangkok Drama School
25th floor, 3199 Maleenon Tower, Rama 4 Road, Klongtoei,
Bangkok
- 2004 **Instructor for the course ‘Stage Movement I’**
Department of Performing Arts, Faculty of Fine Arts,
Srinakharinwirot University
- 2004 **Assistant teacher for the course ‘Acting for Film and Video’**
Faculty of Communication Arts, Rangsit University

Conference Presentations

'Butoh in Thailand: an overview'

Butoh Season: International Butoh Conference and Performance organised by The Japan Foundation, Kuala Lumpur, in collaboration with Soubi Sha, and Tunku Abdul Rahman University College (TAR UC), Faculty of Social Science, Arts & Humanities and in special cooperation with Nyoba Kan (6-8 June 2014)

'Towards a Novel Approach to Thai Actor Training: Mindfulness Training for Performance', *Reconsidering contemporary acting and actor/performer training from intercultural perspectives*,

Singapore's Intercultural Theatre Institute (ITI) in collaboration with The Institute for Interweaving Performance Cultures of Freie Universitet (Berlin) (29 November 2012)

'Same Same, But Different': The Use of Buddhist Meditation in Actor Training in a Thai University Programme, *Performing Research: Creative Exchanges*, Central School of Speech and Drama (20 January 2012)

Professional Development

“Getting Things Done” (David Allen), Bangkok, Thailand (17-18 December 2015)

Yoga Teacher Training (RYT-200), Yoga Elements Studio (October 2012 – January 2013)

Performer Training with Alison Hodge, University of Exeter (February 2012)

Traditional Theatre Training (Noh Theatre), Kyoto Art Center, Japan (July-August 2010)

Learning and Teaching in Higher Education Stage 1, University of Exeter (January 2009)

Psychophysical Performer Training module by Phillip Zarrilli, University of Exeter (September – December 2009)

Butoh and the Creative Process by Frances Barbe, University of Exeter (December 2009)

Michael Chekhov technique workshop by Marjorie Baars, University of Exeter (May 2009)

Butoh Performance Workshop and performance by Katsura Kan, Silpakorn University (2008) and Dhurakij Pundit University (June 2009)

INTO THE MOMENT: A journey to our innermost Intuition workshop by Gil Alon, Zen master, singer, actor and theatre director (2008)

Commedia dell' Arte, Theatre Action, Improvisation and Body Language (Intermediate) Workshop by Marco Luly, Italian actor/director (2007)

Personality and Communication Skills Development Workshop, by John Robert Powers (2007)

Physical theatre workshop based on Suzuki Method and Viewpoints by Mark Hill of Australia's Zen Zen Zo Theatre Group (2007)

Screen Acting and Improvisation Course by Kaprice Kea at Bangkok Academy of Performing Arts (2003)

Activities / Achievements

Producer: **'Selfie of the Soul'**, an experimental theatre by Katsura Kan, Thammasat University (May-June 2014)

Director: **'Cacophonies: เสียงนั้นชื่อปรารถนา'**, Crescent Moon Theatre, (May 2014)

Performer: **'Sandanka'**, a butoh performance by Ka-ge Mulvilai of B-Floor Theatre (December 2013)

Director: **'Bo'** a solo performance (November 2013) – *won a 10,000 baht award from Thammasat University*

Acting coach: Meta Talent Management, Bangkok (2011-present)

Director and performer: **'Four is...?'**, Democrazy Theatre Studio, (September 2011)

Performer: A solo performance **'Hachiko'**, included in the stage performance **'Satani Shibuya – Sipsaya Station'**, by i-thaiporary Crew, at Nospace Gallery, RCA, Bangkok (September 2010)

Performer: a stage performance of **'Breaking the Surface'**, written and directed by Damkerng Thitapiyasak, re-staged at Democrazy Theatre Studio, Bangkok (May 2010)

Performer: Martin Crimp's **'Attempts on Her Life'**, University of Exeter (December 2009)

Director and performer: a physical theatre piece **'Square One'**, adapted from Peter Handke's *The Hour We Knew Nothing of Each Other*, Dhurakij Pundit University, (September 2009)

Director and performer: **'run: an exploration of theatre'**, Crescent Moon Space, (July-August 2009)

Performer: **'Body and Poem'** a butoh performance directed by Katsura Kan and Sonoko Prow, Dhurakij Pundit University (June 2009)

Performer: one of the six Thai performers to perform with a Japanese dance group 'Idevian Crew' in a show entitled **'Kokashita'** at Festival/Tokyo 09 (February – March 2009)

Performer: **'Mahaburut Ayuthaya: the Anti-Romantic Musical'**, directed by Damkerng Thitapiyasak in Bangkok Theatre Festival (November - December 2008)

Director: **'In the Middle of Everything'** a live performance on the Main stage at the Bangkok Theatre Festival (November 2008)

Performer: **'For a Little Less Noise – Mae Nam'** organised by Khandha Arts Theatre Company with Visualantis Netherland, supported by PETA (The Philippines Educational Theatre Association), Patravadi Theatre Bangkok (August 2008)

Performer: **'Breaking the Surface'**, written and directed by Damkerng Thitapiyasak, performed at the Crescent Moon Theatre Space, Pridi Panomyong, Thonglor (May 2008)

Performer: **'Savage/Love'** A play by Sam Shepard and Joseph Chaikin, performed in the Bangkok Community Theatre Fringe Festival (March 2008)

Performer: **'Push-Up 1-2-3'** by Roland Schimmelpfennig, performed at the Bangkok Theatre Festival, Dhurakij Pundit University and Goethe Institute Bangkok (November 2007 – January 2008)

Director: **'And Then There Were None'** by Agatha Christie, performed at Dhurakij Pundit University (August-September 2007)

Director: **'The Woman Who Cooked Her Husband'** by Debbie Isitt in Bangkok Theatre Festival (November 2006)

Performer: **'The Tootsie Horror (Reality) Show'** an adaptation of Richard O'Brien's 'The Rocky Horror Show' by at the Bangkok Theatre Festival (November 2005)

Acting Coach: M Thailand Model Contest, Channel 3 Television (2005)

Stage Manager: **'Naughty, Crazy, We are the Braves'**, an adaptation of Love! Valour! Compassion! by Terrence McNally, performed at Bangkok Theatre by InterplayEX Studio production (October-November 2004)